From our Assistant Principal
Here we are at the end of Week 7 already and with our 11 week term, we only have 4 weeks left until school holidays are here again! As always there are many exciting learning opportunities and events happening at Ross Park, some of which are linked to national and international events.

The 2019 National Day of Action Against Violence and Bullying will be held tomorrow 15th March, when schools across the NT and Australia get involved and take action against bullying and violence with school communities across the nation. This is the ninth National Day of Action against Bullying and Violence (NDA) and Ross Park students are engaging through thought-provoking classroom activities to make not only the day a great success but to continue to create the culture where there is no place for bullying.

The theme for the 2019 NDA is Bullying. No Way! Take action every day. By engaging in this national day, students have the chance to take action and be empowered to be part of the solution when addressing bullying in their school community. Activities will be planned around the topics of Developing an Understanding of Bullying, Raising Awareness, Building Relationships, Strengthening Positive Behaviour, including Everyone, Learning Skills to Respond to Bullying, Involving Families, Communicating About Getting Help and Connecting with the Community. Each class will choose an activity from one of these categories and we will come together to showcase how Ross Park deals is taking a stand. Some activities are:

1. Morris and 5/6 Barnes/Gilbert/Adami will be creating posters and craft activities to Respond to bullying;
2. France and 2 Raja will be creating posters around How to be a good friend;
3. Merritt and 2 Lawson have been creating role plays around Strengthening positive behaviours;
4. 5/6 Mapstone/Stedler and Transition Venske will be creating posters around Developing skills to respond to bullying.

Let’s Take a Stand Together!

SALIMA SPRING, A/Principal

Dates to Remember
- National Day against Bullying tomorrow Friday 15th March
- Junior assembly tomorrow Friday 15th March @ 8.40am in the hall (Hosts: 1 Ryan)
- School Council meeting Monday 18th March @ 6.00pm (with Student Representative Councillors)
- Harmony Day Friday 22nd March
- End of Term 1: Friday 12th April; start of Term 2: Tuesday 23rd April
CONGRATULATIONS!
Three Ross Park students attended the swimming championships in Darwin last weekend. Harrison K (5/6M) won 7 gold medals; his brother Anthony (4/SSWS) achieved personal best times (both boys gained selection to the NT team) and Harrison M (4/SSWS) raced extremely well, reducing his personal best times!

NO OBSTACLE FOR THESE STUDENTS!
Developing hand-eye coordination and following instructions while building core strength is also lots of fun! Coordinators Kate and Karen built an obstacle course during Gross Motor sessions today.

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SELF ESTEEM
Self esteem is developed over time as a consequence of personal experiences. It can’t simply be given, but can be built in rich environments like our schools. There are four elements that contribute to healthy self esteem: Self Awareness - the ability to be aware of ourselves, our actions and the environment; Self Acceptance - reassuring ourselves we are worthwhile; Purposefulness - the ability to be involved and make an impact; Self Responsibility - a sense of control so we feel competent and worthy. Each of these elements is a counterbalance to the others and we need all four to have healthy self esteem in our kids and ourselves.

KATIE THOMPSON Coordinator
(Katie was married in New Zealand a couple of weeks ago—congratulations Katie and Garth!)

TWO COUNCILS!
Next Monday evening, commencing at 6.00pm, our new Student Council Representatives will meet with our School Councillors for a chat about aspirations and common goals. This is the first meeting for both the 2019 School Council and SRC so everyone will be brand new and bursting with positive ideas! Supper will be enjoyed at about 6.45pm and parents can collect their children afterwards.

ROYALTY!
Students from 4 Merritt met the Queen and Prince Philip this week! They visited The Residency as part of their History studies and in preparation for their camp at the Telegraph Station later this term.

REMINDER: BOOK CLUB orders are due on Friday 22nd March.

SWIMMING TUITION
Our Year 2 students will finish their week of swimming lessons tomorrow, Friday 15th March. Consolidation lessons are available at the Alice Springs Aquatic Centre—phone 89534633.

SRC 2019
Harrison (Team Leaders) and his brother Anthony (SRC) were absent when the group photos were taken (see above).